

For more information contact Jonathan Reynolds
jonathan@learningtolisten.info

**'A Yogis Way: Asana, Vipassana, Jnana'
Trip to Ashiyana Retreat Centre
Goa, India – March 20th - 27th 2010**

TRIP PARTICIPANT AGREEMENT

COST:

The trips **cost ranges from \$1650 - \$1950**, depending on when a participant pays in full. The cost includes twice-daily yoga, twice-daily meditation, night sessions, three meals a day, and lodging.

A **non-refundable deposit of \$600** is required to reserve a space in this retreat.

Payment Cut-Off Dates

- **Standard Registration**
 - \$1650, Paid Full Between: 6/1/09 – 12/31/09
- **Last Minute Registration**
 - \$1950, Paid On or After 1/1/10
- **Scholarship Funds** may be available, please inquire

RESERVATIONS:

Reservations will be made through Jonathan Reynolds, by contacting him at: jonathan@learningtolisten.info. Also required for reservation is this form (last pages) signed and dated, with deposit (\$600) sent to:

Jonathan Reynolds
2348 Cedar Street
Berkeley, CA 94708

*Please make checks payable to: Jonathan Reynolds

www.ayogisway.com

PayPal

Payments (full payments only + \$50 processing fee) can also be made with a credit card using PayPal, by visiting:

<http://www.ayogisway.com/retreats/>

TRIP PRICE INCLUDES:

Yoga

Twice daily yoga, meditation, and night sessions.

Accommodations

Shared rooms (double occupancy); single supplement may be available upon request for additional charge.

Gourmet Meals

Meals are included. If you have any dietary restrictions please let us know so accommodations can be made.

TRANSPORTATION:

Pick-up at Dabolim International airport in Goa can be arranged with Ashiyana for a fee (taxi: Rs1200); depending on your needs.

It is recommended that you arrive in India a few days early to adjust to the approximately 12-hour time difference (from US) as well as climate, cultural, and the various other factors.

TRIP PRICE DOES NOT INCLUDE:

Round-trip airfare, bus, auto, and/or rail transportation; or items of a personal nature.

CANCELLATION/REFUNDS:

If participant chooses for whatever reason to cancel their trip, **all requests for cancellation must be submitted in writing** (certified mail or email: jonathan@learningtolisten.info). Regardless of the reason, cancellations result in additional costs and processing time for the trip organizer. As such, all cancellations will be subject to a cancellation fee. The following charges will be assessed for cancellations:

- Two months prior to trip start date (January 20th, 2010): 100% of trip price (**no cancellations after this date**)
- **Regardless of reason for cancellation, the \$600 non-refundable deposit will be forfeited.**

If the participant leaves the trip prior to its conclusion, refunds will not be made for the unused portion of the trip. No refunds will be made for any excursion, sightseeing, meal or other activity that the participant misses or decides not to take for any reason.

NATURE OF TRIP:

This trip is yoga, meditation, and self-inquiry based; it is a retreat/intensive, to be distinguished from an ordinary yoga vacation. Accordingly, participants are expected to attend all yoga, meditation, and discussion sessions. Participants are encouraged to arrive with a spirit of openness, commitment, and curiosity.

PRE-RETREAT READING:

- 'Autobiography of a Yogi' by Yogananda (Narrative/Yoga)
- 'Dhammapada' translation by Ananda Maitreya (Buddhism)
- 'I AM THAT' by Nisargadatta (Conversations/Vedanta Philosophy)

The nature of this trip is not suitable for children. [under 16]

PASSPORT & VISA

A valid passport and visa are required for travel in India.

RELEASE/RESPONSIBILITY:

The trip participant, by signing this Trip Participant Agreement, agrees that Jonathan Reynolds, except for his gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, or delay. The trip participant agrees to assume all risks associated with the trip and agrees that no liability will attach to Jonathan Reynolds in respect of death, personal injury, illness, delay, loss or damage to property during the course of the trip.

AUTHORIZATION:

I/we have read and understand the Trip Participant Agreement for the March 20th-27th 2010 'A Yogis Way' Trip with Jonathan Reynolds to Ashiyana Retreat Centre in Goa, India. I understand that by submitting my payment as indicated, I/we are in agreement with the terms thereof.

Please reserve my/our space:

Name _____

Occupation _____

Mailing Address _____

Email _____

Phone _____

How did you hear about this retreat? _____

Have you done a previous retreat with any of this retreat's presenters; Learning To Listen or elsewhere, and if so which presenter(s)? _____

Any major physical injuries/surgeries/limitations? _____

Are you currently seeing a therapist or psychiatrist? Yes _____ No _____

In case of an emergency, may we contact them? Yes _____ No _____

Therapist's Name _____ Tel # _____

Contact Person in case of Emergency _____ Tel # _____

Signature _____

Date _____

Name _____

Occupation _____

Mailing Address _____

Email _____

Phone _____

How did you hear about this retreat? _____

Have you done a previous retreat with any of this retreat's presenters;
Learning To Listen or elsewhere, and if so which presenter(s)? _____

Any major physical injuries/surgeries/limitations? _____

Are you currently seeing a therapist or psychiatrist? Yes ____ No ____

In case of an emergency, may we contact them? Yes ____ No ____

Therapist's Name _____ Tel # _____

Contact Person in case of Emergency _____ Tel # _____

Signature _____

Date _____

Please retain a copy of this agreement for your personal files.

www.ayogisway.com